



TWIN COUNTY
Regional Healthcare

For Immediate Release

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**Twin County Urgent Care to Offer
Community Health Fair on Wednesday, June 21, 2017**

Twin County Urgent Care and WorkPoint Wellness of Twin County Regional Healthcare (TCRH) will host an outdoor Community Health Fair on Wednesday, June 21, 2017 from 10:00am until 2:00pm at Twin County Urgent Care located at 961 East Stuart Drive in Galax. In the event of rain, this outdoor event will be held on Wednesday, June 28th.

Free screenings will be offered to the community including: blood pressure, BMI (body mass index), balance activities and bone density, for those who meet the guidelines. Additionally, a menu of LabDirect services will be available.

Free health education and information will be available including, but not limited to, early heart attack symptoms including hands-only CPR sessions, stroke awareness and nutrition including “Rev Your Bev”. Healthy snacks will be offered.

For more information on the Community Health Fair, please contact WellnessWorks at 276.236.1652, visit www.tcrh.org or find TCRH on [Facebook](https://www.facebook.com/tcrh).

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